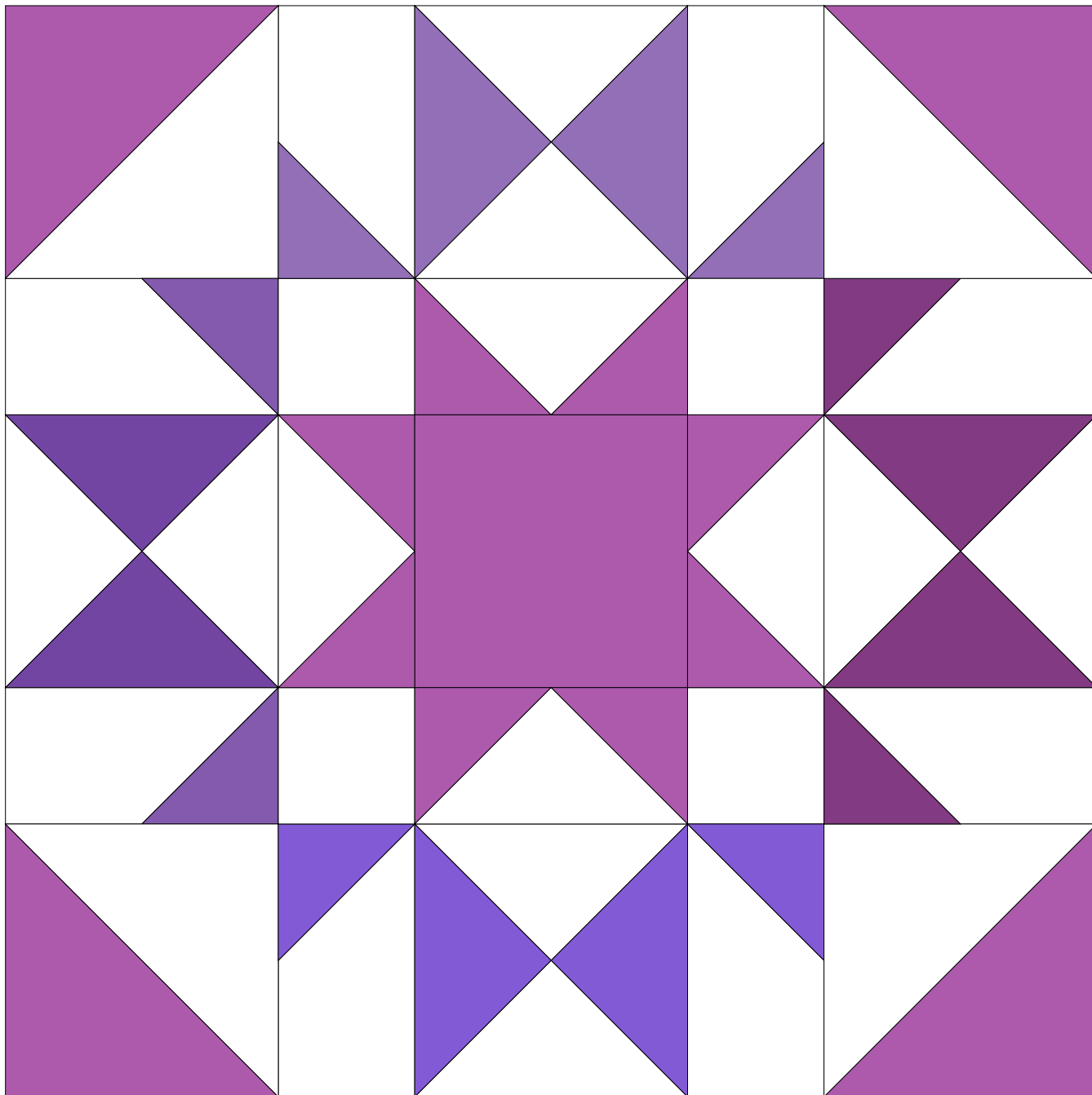
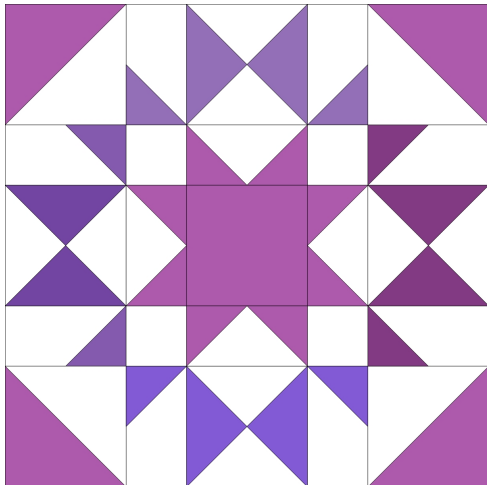


# Block 4



KONA BOM Block #4 notes  
April 2024



I found the directions on Kona website too confusing to follow.

Below is the summary of how I made my block.

Using two at a time method and squaring them up.

I kept the numbering of fabrics the same as in the pattern on Kona website, but used only 5, not 9 fabrics.

Direction on making Flying Geese (FG) units and Hourglass units are listed below.

Recommended

F8	Center & corners
F8	Hour Glass units
F8	Flip & Stitch units
F8	Hour Glass units
F8	Flip & Stitch units
F8	Flip & Stitch units
F8	Hour Glass units
F8	Flip & Stitch units
FQ	Hour Glass units
FQ	Main background

Fabrics

A
B
C-used B
D
E-used D
F
G-used F
H
I-used H
J

Directions for making various units are on the next page.

Page 3 has cutting and assembly instructions.

BASIC METHOD to make 2 HSTs at once:

- Layer 2 squares right sides together.
- Draw a diagonal line from corner to corner on one side
- Sew a 1/4" seam on each side of the drawn line - Cut along the drawn line

Press the blocks open, typically to the dark side. However, I tend to press these seams open, as they result in less bulk when assembling the blocks. As always, pressing is your choice, and I'm just offering options!

FLYING GEESE units to make 4 FG at a time:

Flying geese units should measure unfinished 4.5" x 2.5"

- Use Fabric J square and 4 Fabric A squares for 4 at-a-time method (video linked on my website) to make 4 Flying Geese units

QSTs (Quarter Square Triangles) – aka HOURGLASS Units

- Make one QST unit from each pair - you will have leftovers
- This method will make 2 QST - you only need 1 from each pair of different fabrics
- Pair each square of B, D, F & G with a square of background fabric J
- Draw a line across both diagonals on Fabric J
- Make 2 HSTs - you will sew a 1/4" line on each side of one diagonal line only
- Cut on the line between rows of stitching
- Press seam allowance to the darker side
- Extend drawn diagonal line to the dark side
- Place RST, contrasting triangles facing and raw edges aligned
- Butt the seams against one another, SA of the top unit facing the machine to lock the seams
- Stitch 1/4" from both sides of the diagonal line
- Cut on the line between rows of stitching
- Press the seam to one side or spin the seam in the middle
- Trim to 4.5" square

FLIP CORNERS:

Rectangles are made with background fabric J

Flip corners are made with squares of fabrics B, D, F & G

- Mark a diagonal line on the wrong side of each square
- Place a marked fabric square on one end of a rectangle, RST.
- Sew on the marked line
- Press toward the corner to make sure the unit lines up
- Open pressed corner and trim the excess fabric 1/4" away from the seam
- Press seam Open - this will help reduce bulk

Follow directions on the next page for cutting fabric and making units.

## CUTTING AND MAKING UNITS:

Fabric A	Cut 1 x 4.5" square	Center Square - set aside This block is used for the center star Star points will be made with FG units below
----------	---------------------	---

Fabric J	Cut 4 x 2.5" sq	Star Corners
----------	-----------------	--------------

Make 4 FG units for Star Points

Fabric J	Cut 1 x 5.5" sq	Use basic instructions to make 4 at a time
Fabric A	Cut 4 x 3" sq	FG units; they will be larger than needed
	Total 4 FGs	Make total 4 FGs
		Press and trim to 2.5" x 4.5"

Use the Basic method above to make the following HSTs:

Fabrics J	Cut 2 x 5.5" sq	Pair fabric A & J squares together
Fabric A	Cut 2 x 5.5" sq	– you will have 2 pairs
	Total 4 HSTs	Make 4 HSTs total
		Press as desired and trim to 4.5"
		These will make corner block units

Or use TOR H400

Cut 5.25" x 10.5" units	Cut one unit from fabric J & A
-------------------------	--------------------------------

Make 4 Hourglass (QST) units:

Fabric J	Cut 4 x 5.5" sq	Pair each square of B, D, F & G
Fabrics B, D, F, H	Cut 1 x 5.5" sq each Fab	with a square of J
	Total 4 Hourglass units	Use Basic instructions to make 4 QSTs units
		from each pair
		Press and trim to 4.5"

Make 8 rectangle units with flip corners:

Fabrics B, D, F, H	Cut 2 x 2.5" sq ea fabric	Stitch and Flip corners
Fabric J	Cut 8 x 2.5" x 4.5" units	Refer to the pattern to make 8 units with
		flip corners

Sew all units together according to the pattern - completed block should measure 16.5".